

Follow these instructions to learn how to make your own plastic free wet wipes

What you need

- 1/2 roll of heavy duty kitchen towels
- 420ml of distilled or boiled water
- 1 tbsp of pure aloe vera
- 1 tbsp of pure witch hazel extract
- 1 tsp of gentle fragrance free liquid Castille soap
- 2 drops of essential oils (e.g., Lavendar or Camomile)
- Container at least half the depth of a paper towel roll, with a hole in the lid



What to do

- Cut the paper towels in half and place them in the container
- In a small jug, mix the water, aloe vera, witch hazel extract, Castille soap and 2 drops of essential oil
- Pour all of the mixture over the paper towels (in their container) and allow mixture to absorb (this should take 5 - 10 minutes)
- Pull the cardboard roll out (this should also pull out the first few wipes)
- Poke the first sheet of paper through the hole in the lid and start using