

# HOME LEARNING: UNDER 2'S

Newsletter 23rd March 2020



Hi everyone!

This home learning newsletter has ideas for activities which follows our curriculum, Early Years Foundation Stage (EYFS). The activities have been selected carefully for your child's age range however you know your child best, so adapt it as necessary to achieve the best outcome.

If your child doesn't seem interested in an activity, don't be disheartened or assume they can't or won't do it. Leave it a while and try again or do something completely different. Most importantly, have fun with your child!

## Communication and Language

Sing songs with your child to encourage their listening skills. Use a lively voice with ups and downs to help babies tune in

For example:

Head, Shoulders, Knees and Toes

this song will follow on nicely from the naming body parts game

## Physical Development

Encourage mark making with your child.

Grab a pen and paper and watch how they explore the marks they make. If you're worried about the pen going off the paper, put a table cloth or newspaper down. If you don't mind getting messy, put a shower curtain on the floor and some damp sand or even mud in a baking tray or similar. Find a stick from the garden or just let your child use their fingers!



## Personal Social and Emotional

Play a game with your baby to encourage them to find their own nose, eyes, fingers etc. You could extend this activity by looking in mirrors so your baby can see their own reflection

## Reminder

Remember to teach your child to wash their hands regularly and for the recommended time of 20 seconds. Make it fun by singing with them and giving lots of praise and attention. Younger children may not like it at first, but they very quickly adjust, especially if you model washing your hands regularly.



Remember to take photos and upload them to your child's tapestry account, we can't wait to see what you have been up to at home!

